

ORIGIN

The origins of eating pancakes from Christians who observe lent and wanted to use up all de rich foods in their cupboards.

WHEN DO THEY CELEBRATE IT?

They celebrated on the Tuesday before Ash Wednesday.

WHERE DO THEY CELEBRATE IT?

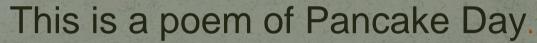
In England.



TRADITIONAL SONGS, POEMS, CHANTS,...







Mix a pancake
Stir a pancake
Pop it in a pan
Fry the pancake
Toss the pancake
Catch it if you can!





TRADITIONAL COSTUMES



People sometimes dress up as a cook or a waiter.





HOW DO THE CELEBRATE IT?

On that day is traditional to eat pancakes and do pancakes races.









PANCAKE RECIPE

Ingredients

1 1/2 cups all-purpose flour

3 1/2 teaspoons baking powder

1 teaspoon salt

1 tablespoon white sugar

1 1/4 cups milk

1 egg

3 tablespoons butter, melted

Directions

In a large bowl, sift together the flour, baking powder, salt and sugar. Make a well in the center and pour in the milk, egg and melted butter; mix until smooth.

Heat a lightly oiled griddle or frying pan over medium high heat. Pour or scoop the batter onto the griddle, using approximately 1/4 cup for each pancake. Brown on both sides and serve hot.





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