

# PANCAKE DAY



# ORIGIN

The origins of eating pancakes from Christians who observe lent and wanted to use up all de rich foods in their cupboards.

# WHEN DO THEY CELEBRATE IT?


They celebrated on the Tuesday before Ash Wednesday.

# WHERE DO THEY CELEBRATE IT?

In England.



## ESPECIAL FOOD

A photograph showing several golden-brown pancakes cooking on a black griddle. The pancakes are round and slightly puffed. In the background, another griddle with more pancakes is visible. The scene is set in a kitchen with a tiled floor.

People eat pancakes on the Pancake Day.  
It is a thin, flat cake, made of butter, flour, and fried in a pan.

# TRADITIONAL SONGS, POEMS, CHANTS,...



This is a poem of Pancake Day.

Mix a pancake  
Stir a pancake  
Pop it in a pan  
Fry the pancake  
Toss the pancake  
Catch it if you can!





# TRADITIONAL COSTUMES



People sometimes dress up as a cook or a waiter.



# HOW DO THEY CELEBRATE IT?

On that day it is traditional to eat pancakes and do pancake races.





## PANCAKE RACE

People run through the streets holding frying pans with pancakes. Each runner throws the pancake.





# PANCAKE RECIPE

## Ingredients

1 1/2 cups all-purpose flour  
3 1/2 teaspoons baking powder  
1 teaspoon salt  
1 tablespoon white sugar  
1 1/4 cups milk  
1 egg  
3 tablespoons butter, melted

## Directions

In a large bowl, sift together the flour, baking powder, salt and sugar. Make a well in the center and pour in the milk, egg and melted butter; mix until smooth.

Heat a lightly oiled griddle or frying pan over medium high heat. Pour or scoop the batter onto the griddle, using approximately 1/4 cup for each pancake. Brown on both sides and serve hot.



BY...

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