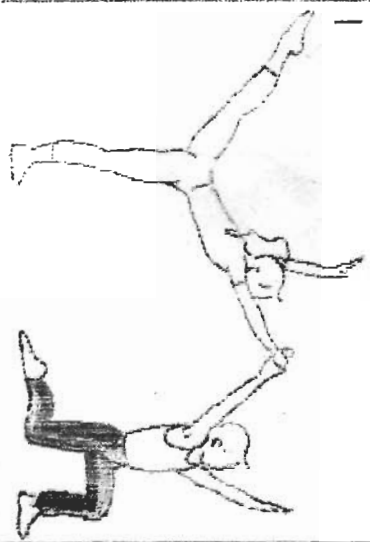
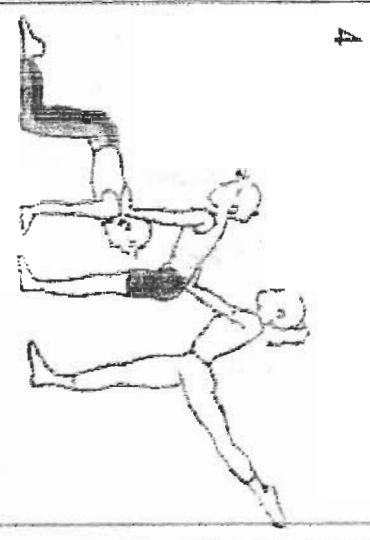
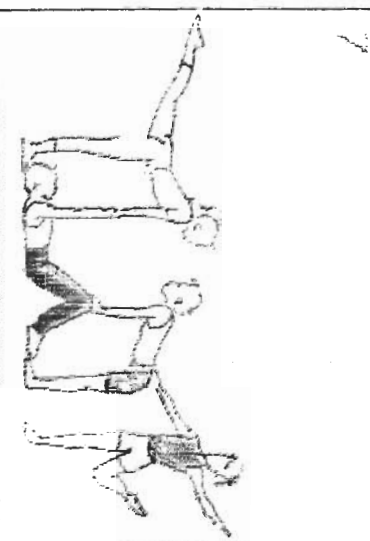
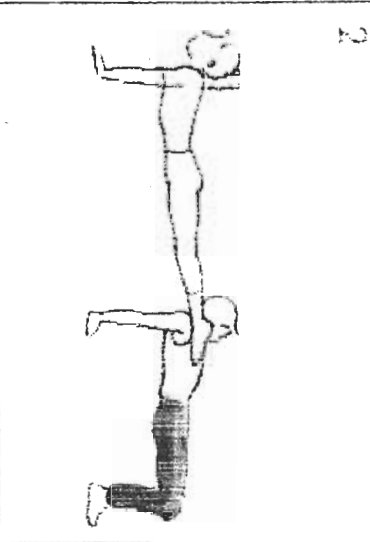
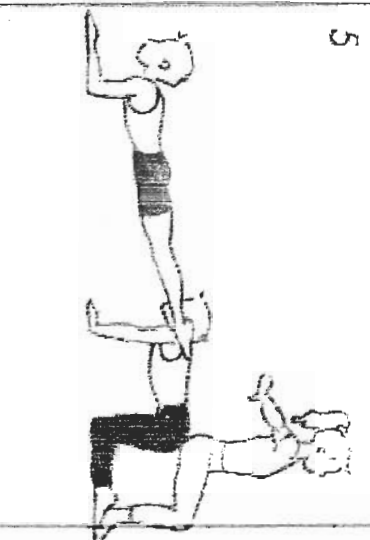
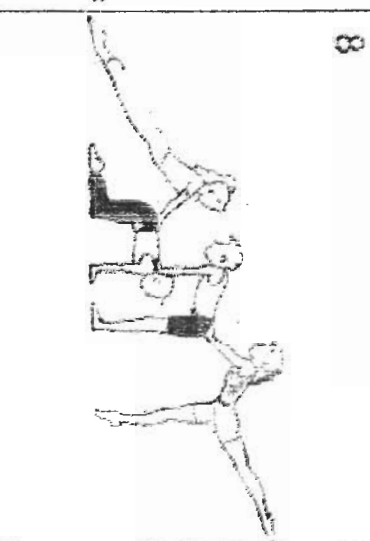
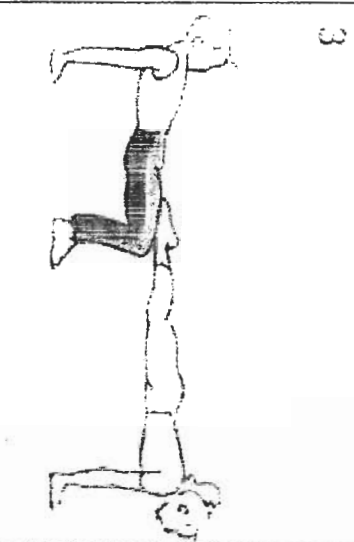
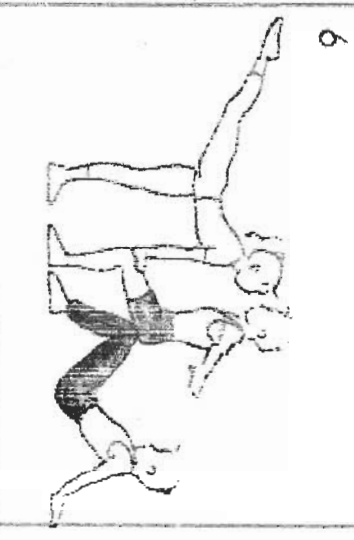
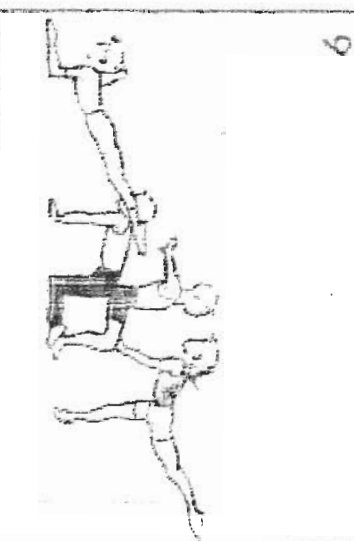


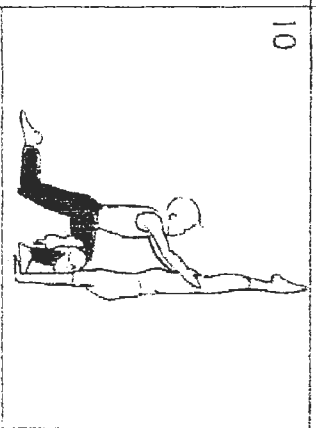
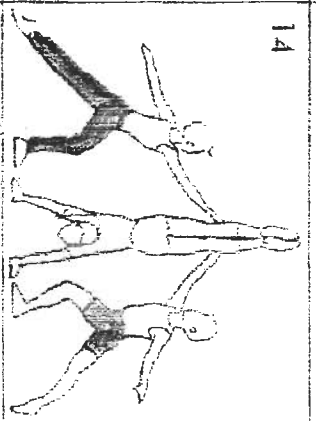
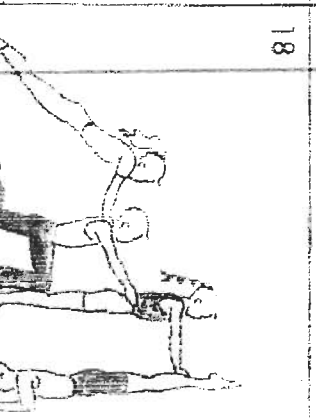
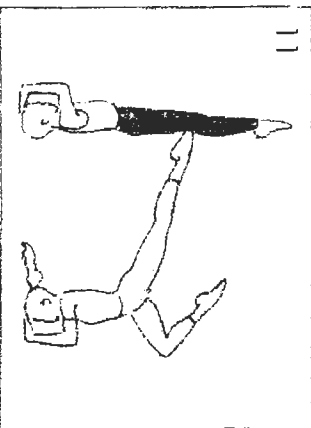
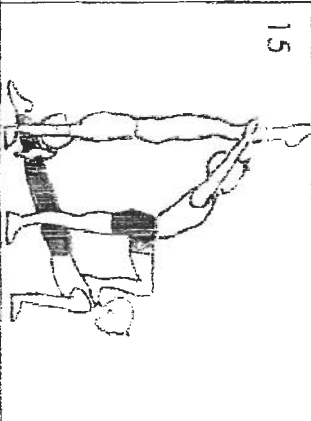
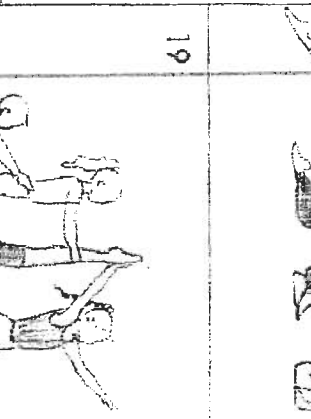

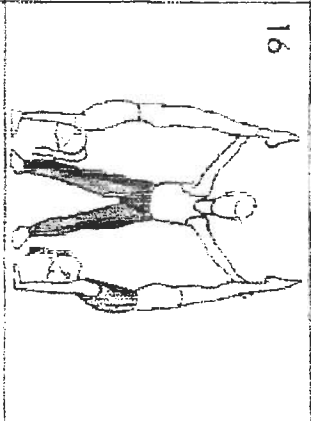
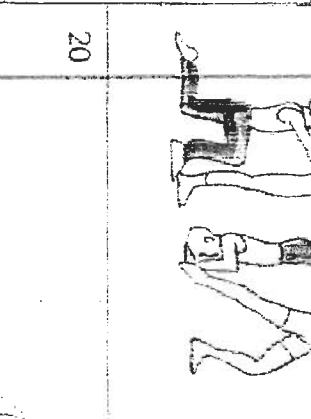
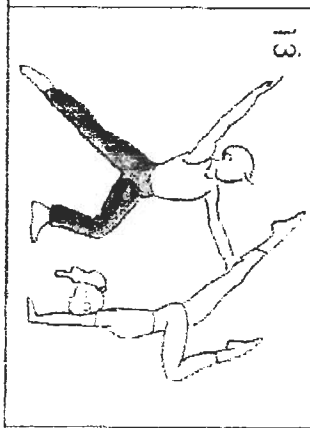
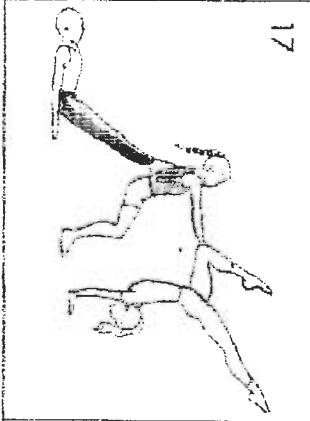
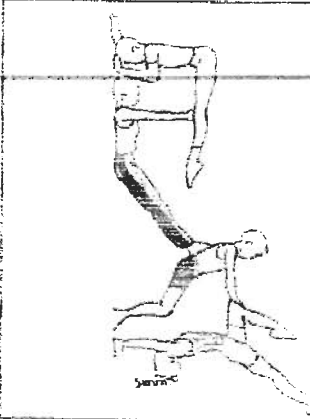
FICHE 1

FICHE À REMETTRE AUX ÉLÈVES

VOLITGEUR AU SOL	DUO	TRIO	QUATUOR
P	1 	4 	7 
O	2 	5 	8 
S	3 	6 	9 
U			
R			
E			
S			

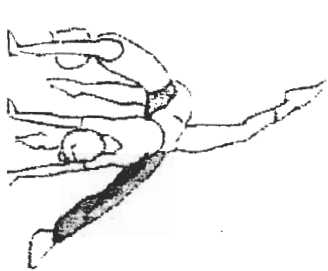
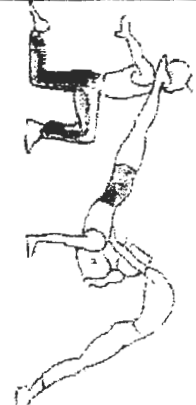
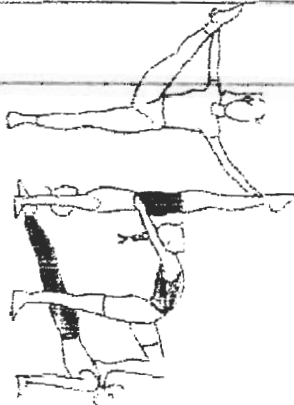
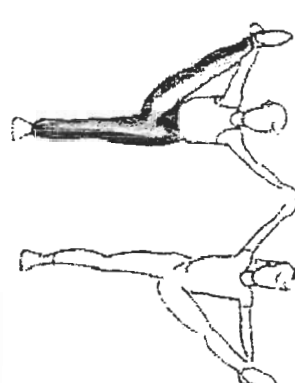
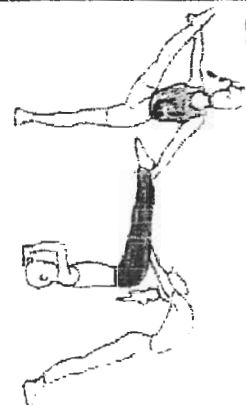

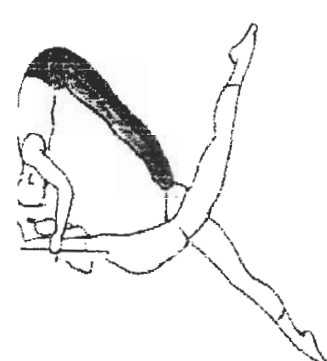
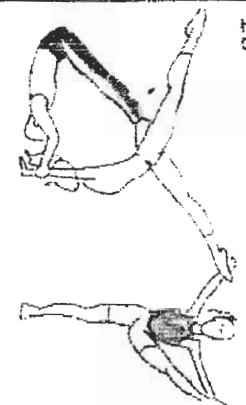
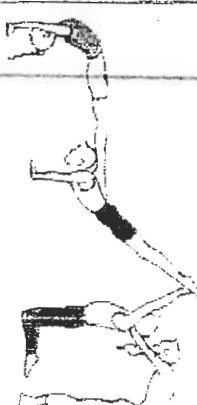

FIGIE 2

FICHE À REMETTRE AUX ÉLÈVES

VOITIGEUR AU SOL	DUO	TRIO	QUATUOR
A P P U I	10 	14 	18 
R E N V E R S É	11 	15 	19 
	12 	16 	20 
	13 	17 	

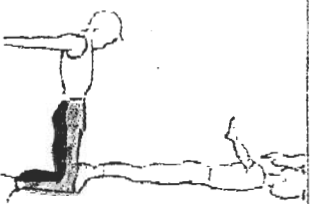
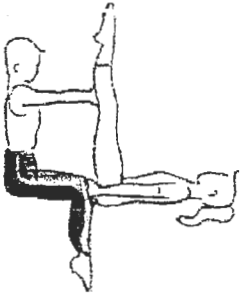
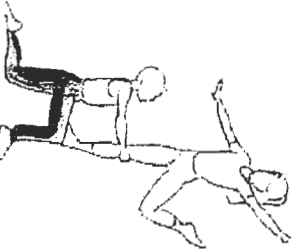
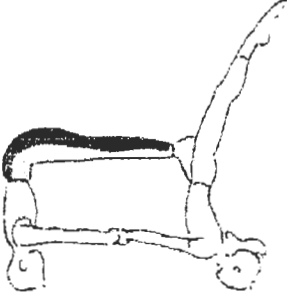
FICHE 3

FICHE À REMETTRE AUX ÉLÈVES

VOITIGEUR AU SOL	DUO	TRIO	QUATUOR
S O U P L E S E	21 	24 	28 
	22 	25 	29 
	23 	26 	30 
	27 		

FIGHE 4


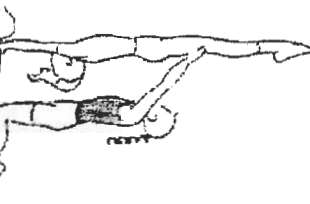
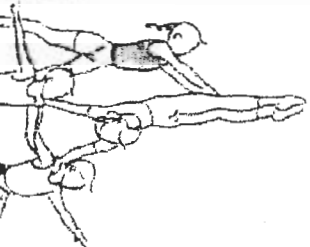
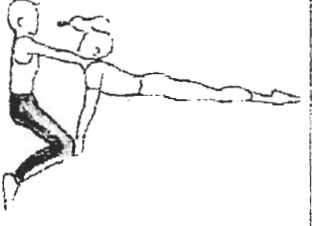
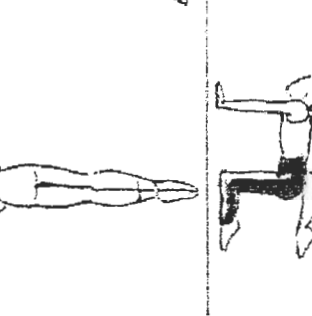
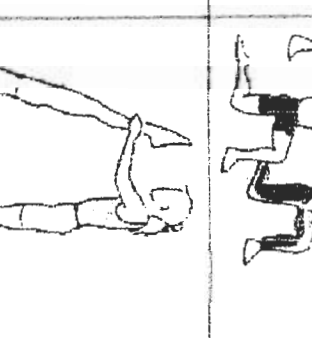

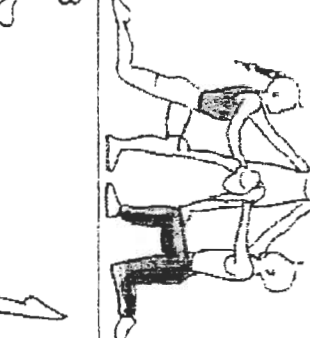
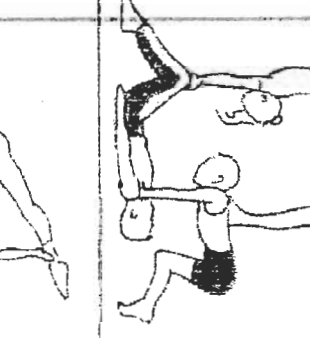
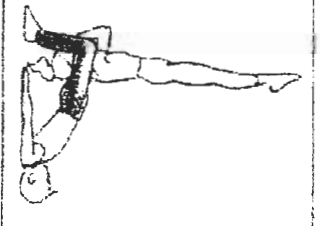
FICHE À REMETTRE AUX ÉLÈVES

VOITIGÉUR PORTE	DUO	TRIO	QUATUOR
31		35	39
32		36	40
33		37	41
34		38	

P O S T U R E

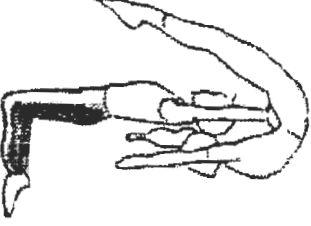

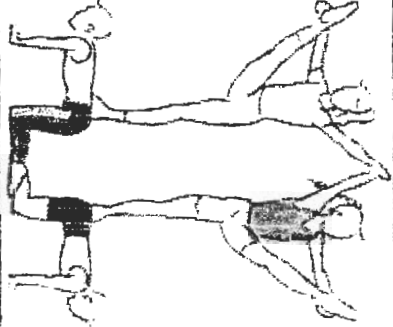
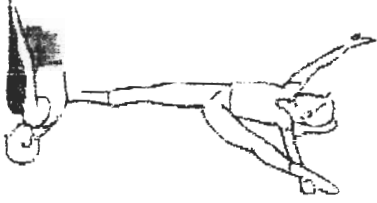
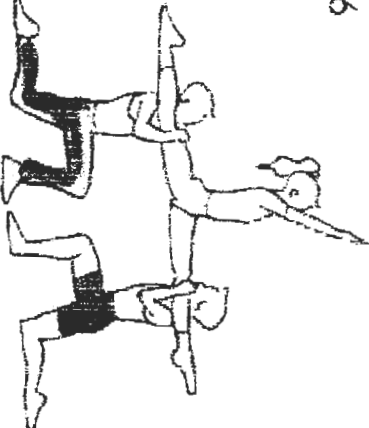

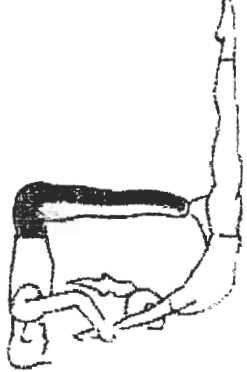

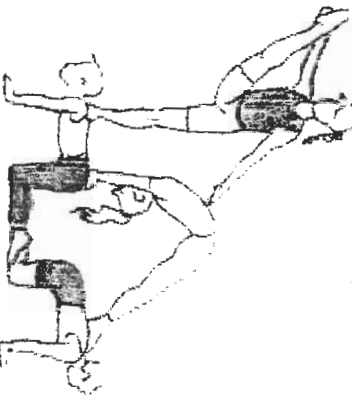
FIGHE 5

FIGHE À REMETTRE AUX ÉLÈVES

VOITGEUR PORTE	DUO	TRIO	QUATUOR
A	42 	46 	49 
P	43 	47 	50 
P	44 	48 	51 
U	45 		
I			
R			
E			
N			
V			
E			
S			
E			

FICHE 6

FICHE À REMETTRE AUX ÉLÈVES

VOLTIGÉUR PORTE	DUO	TRIO	QUATUOR
S	52 	55 	58 
O	53 	56 	59 
P	54 	57 	60 
L E S S E			

