

“PANELLETS”

Ingredients

- 500g sugar
- Chocolate shavings
- 2 sweet potatoes
- 100g ground almond
- 2 eggs
- 100g coconut shavings
- Multi-color shavings



Step by step

- Boil the sweet potato.



- Peel the sweet potato.



- Chop it on slices and mash with a fork.



- Add the sugar the ground almonds and the coconut shavings.



- Make small balls.



- Put it on the oven 30 minutes.



- Beat the eggs and spread this mixture over the “panellets”.



- Add: coconut, multi-color and chocolate shavings.

