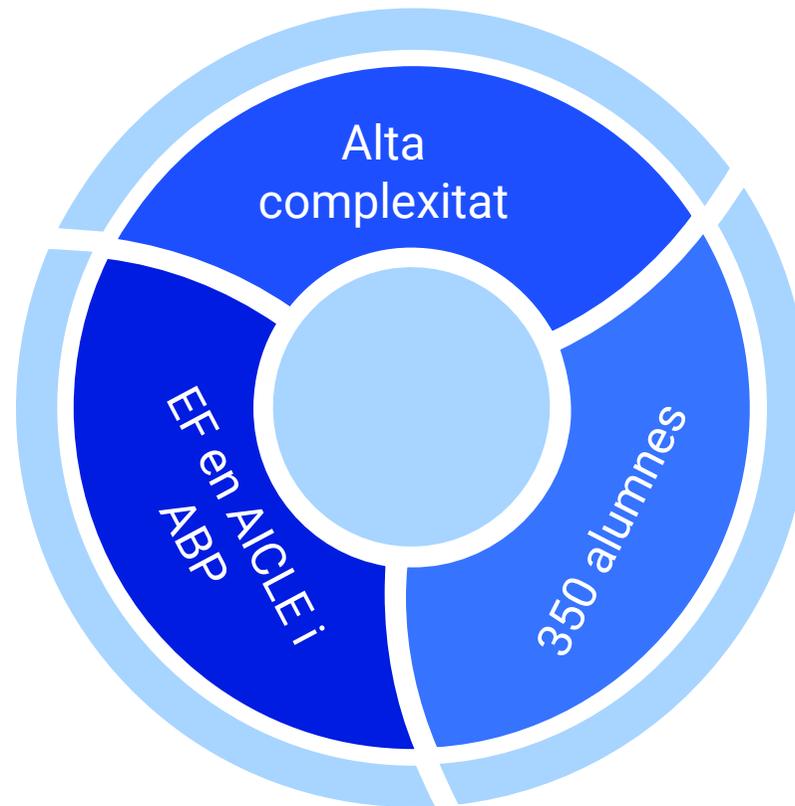


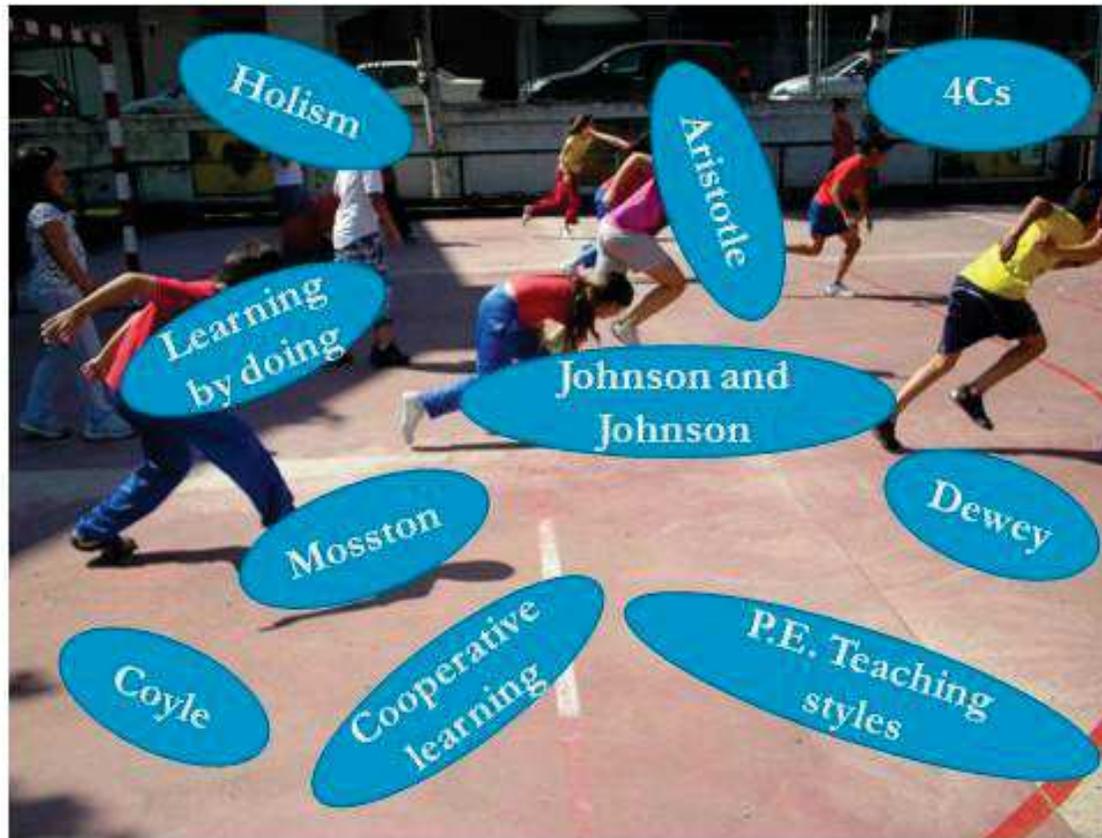
# Dimensió activitat física

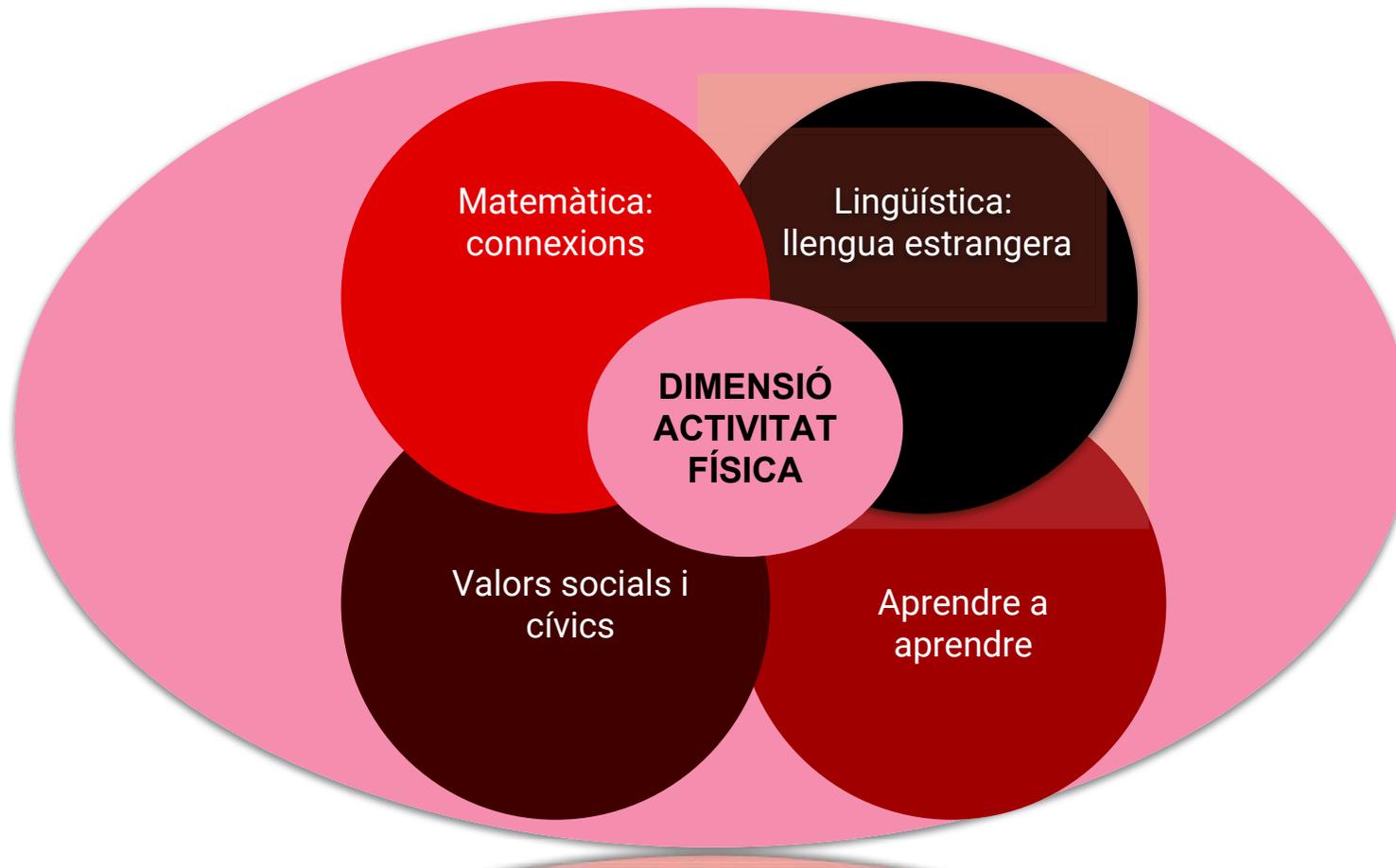
Josep Coral  
jcoral@xtec.cat  
Escola Pau Boada  
(Vilafranca del Penedès)

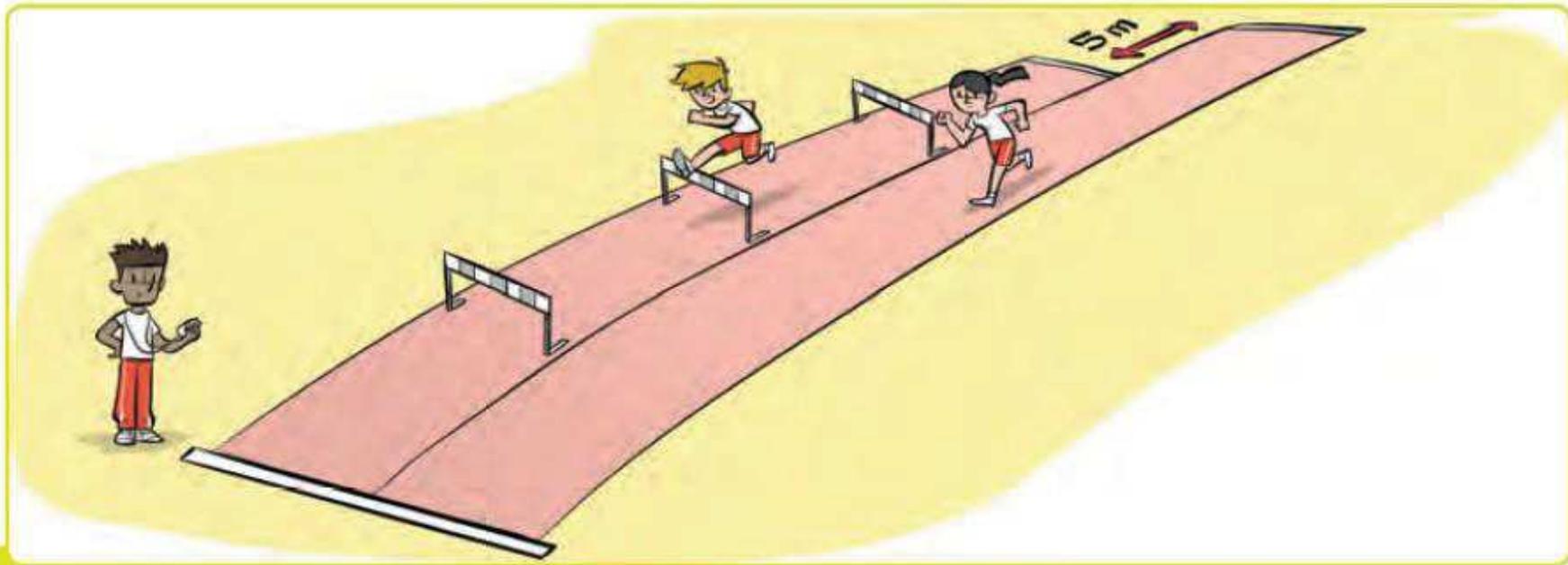


Per què aquesta unitat didàctica o projecte?

"Hurdles versus sprint"





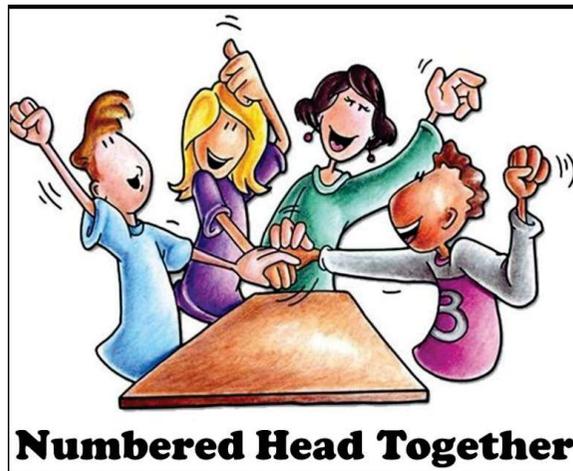


The sprinter, the hurdler and the judge

## Com assegurem la participació de tot l'alumnat?

"Hurdles versus sprint"

	Option 1	Option 2	Option 3
Hurdle height	40 cm	60 cm	80 cm
Sprint distance	20 + 2 m	20 + 5 m	20 + 7 m



Com sabem que l'alumne és conscient del seu aprenentatge?

"Hurdles versus sprint"

## Make a prediction

The	hurdler sprinter	will finish	first, second,	because the run is	easier. harder.
				even though he/she runs	farther. less far.

## Report the results

The	sprinter hurdler	finished first.
He/She finished in ... seconds.		

Quins canvis introduiries si tornessis a fer l'activitat?

"Hurdles versus sprint"

